



## Autumn Menu **WEEK 1** (07.09.26, 28.09.26, 19.10.26)

Please note that we have fruit, jelly and yogurt available everyday as an alternative pudding

| <u>Day</u> | <u>Red Option</u>                                                                                                           | <u>Blue Option (Sandwich)</u>                                           | <u>Orange Option (Jacket Potato)</u>                                                | <u>Green Option (VG)</u>                                                                                         |
|------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| Monday     | Pepperoni pizza with wedges and broccoli<br><br>Lemon shortbread biscuit                                                    | Ham, cheese or tuna sandwich<br><br>Lemon shortbread biscuit            | Jacket potato with beans, cheese or tuna<br><br>Lemon shortbread                    | Margherita pizza with wedges and broccoli<br><br>Lemon shortbread                                                |
| Tuesday    | Beef and lentil bolognese with pasta, carrots and peas<br><br>Chocolate and banana brownie sponge                           | Ham, cheese or tuna sandwich<br><br>Chocolate and banana brownie sponge | Jacket potato with beans, cheese or tuna<br><br>Chocolate and banana brownie sponge | Mixed bean bolognese with pasta, carrots and peas<br><br>Chocolate and banana brownie sponge                     |
| Wednesday  | Roast gammon with roast potatoes, carrots, cabbage and gravy<br><br>Apple strudel and custard                               | Ham, cheese or tuna sandwich<br><br>Apple strudel and custard           | Jacket potato with beans, cheese or tuna<br><br>Apple strudel and custard           | Vegan sausages with roast potatoes, carrots, cabbage and gravy<br><br>Apple strudel and custard                  |
| Thursday   | Creamy coconut chicken and chickpea curry with carrot rice, broccoli and cauliflower<br><br>Baked apple and cinnamon sponge | Ham, cheese or tuna sandwich<br><br>Baked apple and cinnamon sponge     | Jacket potato with beans, cheese or tuna<br><br>Baked apple and cinnamon sponge     | Pea-powered vegetable stir fry with carrot rice, broccoli and cauliflower<br><br>Baked apple and cinnamon sponge |
| Friday     | Fish fingers and chips with baked beans and ketchup<br><br>Chocolate shortbread                                             | Cheese or tuna sandwich<br><br>Chocolate shortbread                     | Jacket potato with beans, cheese or tuna<br><br>Chocolate shortbread                | Vegan Nuggets and chips with baked beans and ketchup<br><br>Chocolate shortbread                                 |



Autumn Menu **WEEK 2** (14.09.26, 05.10.26) *Please note that we have fruit, jelly and yogurt available everyday as an alternative pudding*

|           | <u>Red Option</u>                                                    | <u>Blue Option (Sandwich)</u>          | <u>Orange Option (Jacket Potato)</u>     | <u>Green Option (VG)</u>                             |
|-----------|----------------------------------------------------------------------|----------------------------------------|------------------------------------------|------------------------------------------------------|
| Monday    | Tomato, spinach and salmon pasta with broccoli                       | Ham, cheese or tuna sandwich           | Jacket potato with beans, cheese or tuna | Margherita pizza with wedges and broccoli            |
|           | Traditional flapjack                                                 | Traditional flapjack                   | Traditional flapjack                     | Traditional flapjack                                 |
| Tuesday   | Chicken and vegetable pie with new potatoes and peas                 | Ham, cheese or tuna sandwich           | Jacket potato with beans, cheese or tuna | Pea powered vegetable pie with new potatoes and peas |
|           | Oaty apple crumble and custard                                       | Oaty apple crumble and custard         | Oaty apple crumble and custard           | Oaty apple crumble and custard                       |
| Wednesday | Roast turkey with roast potatoes, carrots and cauliflower with gravy | Ham, cheese or tuna sandwich           | Jacket potato with beans, cheese or tuna | Cheesy cauliflower pasta bake carrots                |
|           | Chocolate Mousse                                                     | Chocolate Mousse                       | Chocolate Mousse                         | Chocolate Mousse                                     |
| Thursday  | All day breakfast with pork and beef sausages and beans              | Ham, cheese or tuna sandwich           | Jacket potato with beans, cheese or tuna | Veggie all day breakfast with beans                  |
|           | Carrot cake with orange glaze                                        | Carrot cake with orange glaze or fruit | Carrot cake with orange glaze            | Carrot cake with orange glaze                        |
| Friday    | Fish and chips with peas and ketchup                                 | Cheese or tuna sandwich                | Jacket potato with beans, cheese or tuna | Quorn dippers with chips, peas and ketchup           |
|           | Chocolate fruit crispie cake                                         | Chocolate fruit crispie cake           | Chocolate fruit crispie cake             | Chocolate fruit crispie cake                         |



Autumn Menu **WEEK 3** (21.09.26, 12.10.26 ) Please note that we have fruit, jelly and yogurt available everyday as an alternative pudding

| <u>Day</u> | <u>Red Option</u>                                                  | <u>Blue Option (Sandwich)</u>               | <u>Orange Option (Jacket Potato)</u>        | <u>Green Option (VG)</u>                                   |
|------------|--------------------------------------------------------------------|---------------------------------------------|---------------------------------------------|------------------------------------------------------------|
| Monday     | Mild beef and lentil chilli con carne with rice and sweetcorn      | Ham, cheese or tuna sandwich                | Jacket potato with beans, cheese or tuna    | Pea-powered mild chilli and with rice and sweetcorn        |
|            | Chocolate shortbread                                               | Chocolate shortbread                        | Chocolate shortbread                        | Chocolate shortbread                                       |
| Tuesday    | Pork and beef sausages with mashed potato, peas, carrots and gravy | Ham, cheese or tuna sandwich                | Jacket potato with beans, cheese or tuna    | Vegan sausages with mashed potato, peas, carrots and gravy |
|            | Apple and summer berry crumble with custard                        | Apple and summer berry crumble with custard | Apple and summer berry crumble with custard | Apple and summer berry crumble with custard                |
| Wednesday  | Roast Chicken with roast potatoes, carrots, broccoli and gravy     | Ham, cheese or tuna sandwich                | Jacket potato with beans, cheese or tuna    | Pea powered cottage pie, carrots, broccoli and gravy       |
|            | Lemon sponge and custard                                           | Lemon sponge and custard                    | Lemon sponge and custard                    | Lemon sponge and custard                                   |
| Thursday   | Bbq chicken loaded mac 'n' cheese with salad                       | Ham, cheese or tuna sandwich                | Jacket potato with beans, cheese or tuna    | Baked mac 'n' cheese with salad                            |
|            | Garden brownie                                                     | Garden brownie                              | Garden brownie                              | Garden brownie                                             |
| Friday     | Fish fingers and chips with baked beans and ketchup                | Cheese or tuna sandwich                     | Jacket potato with beans, cheese or tuna    | Vegan Sausage roll and chips with baked beans and ketchup  |
|            | Strawberry mousse                                                  | Strawberry mousse                           | Strawberry mousse                           | Strawberry mousse                                          |