



## Autumn term menu

Week 1 (w/c 02.09.24, 23.09.24, 14.10.24, 11.11.24, 02.12.24)

<u>Day</u>	<u>Red Option</u>	<u>Blue Option</u>	<u>Green Option</u>
Monday	Vg Sausage roll with baked baby potatoes, baked beans and crusty bread	Tuna sandwich	V Cheese whirl with baked baby potatoes, baked beans and crusty bread
	Autumn crumble sponge & custard or fresh fruit or fruit yogurt	Autumn crumble sponge & custard or fresh fruit or fruit yogurt	Autumn crumble sponge & custard or fresh fruit or fruit yogurt
Tuesday	Chicken korma with 50/50 rice, cauliflower & green beans and naan bread	Cheese sandwich	Vg Sweet & sour with 50/50 rice, cauliflower & green beans and naan bread
	Chocolate biscuit bar or fresh fruit or fruit yogurt	Chocolate biscuit bar or fresh fruit or fruit yogurt	Chocolate biscuit bar or fresh fruit or fruit yogurt
Wednesday	Sausage & a Yorkshire pudding with roast potatoes, carrots & broccoli, gravy and slice of wholemeal bread	Jacket potato with beans	V nuggets a Yorkshire pudding with roast potatoes, carrots & broccoli, gravy and slice of wholemeal bread
	Jelly & Ice cream or fresh fruit or fruit yogurt	Jelly & Ice cream or fresh fruit or fruit yogurt	Jelly & Ice cream or fresh fruit or fruit yogurt
Thursday	Pasta Bolognese with a medley of vegetables and garlic bread	Egg mayonnaise sandwich	V Shepherds pie with a medley of vegetables
	Cheese & Biscuits or fresh fruit or fruit yogurt	Cheese & Biscuits or fresh fruit or fruit yogurt	Cheese & Biscuits or fresh fruit or fruit yogurt
Friday	Harry Ramsdens battered fish with chips, peas & sweetcorn, 50/50 bread and ketchup	Cheese sandwich	V Sweet potato bake with peas & sweetcorn, 50/50 bread
	Banoffee mousse pot or fresh fruit or fruit yogurt	Banoffee mousse pot or fresh fruit or fruit yogurt	Banoffee mousse pot or fresh fruit or fruit yogurt



## Autumn term menu

Week 2 (09.09.24, 30.09.24, 21.10.24, 18.11.24, 09.12.24)

<u>Day</u>	<u>Red Option</u>	<u>Blue Option</u>	<u>Green Option</u>
Monday	Curried chicken rice with carrots & broccoli and crusty bread  Chocolate brownie or fresh fruit or fruit yogurt	Egg mayonnaise sandwich  Chocolate brownie or fresh fruit or fruit yogurt	Jacket potato with beans  Chocolate brownie or fresh fruit or fruit yogurt
Tuesday	Pizza with potato wedges and peas & sweetcorn  Sticky toffee pudding & custard or fresh fruit or fruit yogurt	Cheese sandwich  Sticky toffee pudding & custard or fresh fruit or fruit yogurt	V Pasta bake with carrots & broccoli and crusty bread  Sticky toffee pudding & custard or fresh fruit or fruit yogurt
Wednesday	Minced beef pie with mashed potatoes, medley of vegetables, gravy and 50/50 bread  Flapjack or fresh fruit or fruit yogurt	Jacket potato with beans  Flapjack or fresh fruit or fruit yogurt	V Broccoli cheese bake with medley of vegetables, gravy and 50/50 bread  Flapjack or fresh fruit or fruit yogurt
Thursday	Pork meatballs in tomato sauce with rice with green beans & sweetcorn and garlic bread  Jammy shortbread or fresh fruit or fruit yogurt	Ham sandwich  Jammy shortbread or fresh fruit or fruit yogurt	Vg sweet potato & veg curry with 50/50 rice, green beans & sweetcorn and garlic bread  Jammy shortbread or fresh fruit or fruit yogurt
Friday	Fish stars (salmon) with chips, peas & carrots, ketchup and whole meal bread  Chocolate orange mousse cake or fresh fruit or fruit yogurt	Cheese sandwich  Chocolate orange mousse cake or fresh fruit or fruit yogurt	Vg Cheesy bean loaded potato skins  Chocolate orange mousse cake or fresh fruit or fruit yogurt



## Autumn term menu

Week 3 (16.09.24, 07.10.24, 04.11.24, 25.11.24,  
16.12.24)

<u>Day</u>	<u>Red Option</u>	<u>Blue Option</u>	<u>Green Option</u>
Monday	<p>Chicken nuggets with diced potatoes, vegetable sticks and 50/50 bread</p> <p>Oat cookie and cheese or fresh fruit or fruit yogurt</p>	<p>Tuna pasta pot</p> <p>Oat cookie and cheese or fresh fruit or fruit yogurt</p>	<p>Vg burger with diced potatoes, vegetable sticks and 50/50 bread</p> <p>Oat cookie and cheese or fresh fruit or fruit yogurt</p>
Tuesday	<p>Tomato and basil pasta with a medley of vegetables and garlic bread</p> <p>Iced berry bun or fresh fruit or fruit yogurt</p>	<p>Jacket potato with beans</p> <p>Iced berry bun or fresh fruit or fruit yogurt</p>	<p>Vg BBQ rice with a medley of vegetables and garlic bread</p> <p>Iced berry bun or fresh fruit or fruit yogurt</p>
Wednesday	<p>Roast gammon with mashed potatoes, peas &amp; sweetcorn, gravy and slice of bread</p> <p>Lemon drizzle cookie or fresh fruit or fruit yogurt</p>	<p>Veggie pasta pot</p> <p>Lemon drizzle cookie or fresh fruit or fruit yogurt</p>	<p>Vg Sausage with mashed potatoes, peas &amp; sweetcorn, gravy and slice of bread</p> <p>Lemon drizzle cookie or fresh fruit or fruit yogurt</p>
Thursday	<p>Nacho beef bake with vegetable rice, carrots &amp; green beans</p> <p>Chocolate fudge pudding with vanilla sauce or fresh fruit or fruit yogurt</p>	<p>Jacket potato with cheese</p> <p>Chocolate fudge pudding with vanilla sauce or fresh fruit or fruit yogurt</p>	<p>V Quesadilla with vegetable rice, carrots &amp; green beans</p> <p>Chocolate fudge pudding with vanilla sauce or fresh fruit or fruit yogurt</p>
Friday	<p>Fish fingers with chips, ketchup, mixed salad and sunflower bread</p> <p>Autumn fruit muffin or fresh fruit or fruit yogurt</p>	<p>Jacket potato with beans</p> <p>Autumn fruit muffin or fresh fruit or fruit yogurt</p>	<p>V Chilli pitta</p> <p>Autumn fruit muffin or fresh fruit or fruit yogurt</p>